



Esterel
Côte d'Azur

SAINT- RAPHAËL

C'EST ICI ET PAS AILLEURS



SAINT
RAPHAËL
Tourisme

2023

**TOURISTIC
GUIDE**



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Nestling between the Mediterranean and the Estérel mountains, Saint-Raphaël stands out with its beautiful coast and relaxed lifestyle.

1 THE OLD PORT A great place for a stroll, the port offers wonderful views over the bay, the town centre, the yachts and sailing boats. Every morning, the “pointus”, traditional boats, bring the day’s catch to the fish market. A large number of boats set out from the port for trips along the coast.

2 JARDIN BONAPARTE This 20,000m² landscaped garden and the statue of the archangel Raphaël overlooks the bay and the old port. In the centre of the gardens there is a public square and children’s play area.

3 PROMENADE DES BAINS The Promenade was built between 1880 and 1882, and was originally known as the “Terrasse des Bains”. It marked the beginning of Saint-Raphaël as a seaside resort, alongside the Casino.

4 PROMENADE BEAURIVAGE Beaurivage is a unique place to stroll, completely open onto the sea with large green spaces to relax in. It’s also the departure point for water sports.

LITTLE TRAIN TOUR
Departure: Esplanade Delayen (Bonaparte car park). 30-minute tour with commentary French & English.
Fare: €5 per person.
Free for under 3s.
No reservation required.
For dates and times, call:
Tel. 06 62 07 65 09/04 94 19 52 52

5 PORT SANTA LUCIA The marina is the perfect place for a stroll. The numerous bars and restaurants face the quays and pleasure boats. For those who like walking, the coastal path starts out at the most eastern point of the marina.

6 NOTRE-DAME DE LA VICTOIRE BASILICA Built by Pierre Aublé between from 1883. It represents the Romano-Byzantine style, popular in the Belle Époque.

7 ROMANE CHURCH With 12th century ramparts and a 14th century watchtower. Bas-relief dating from the Middle-Ages and a Carolingian crypt. Panoramic views from the 22m high tower. Access free to this site. Entrance through the prehistory museum (see below).

8 SAINT-RAPHAEL ARCHANGEL ORTHODOX CHURCH It was founded in 1987 in a chapel built by Russian refugees repatriated from Manchuria. The church is open from 10.30 to 12 noon on Sunday mornings for the divine liturgy. 115 Ave V.Bontemps. Tél. 04 94 83 90 19



9 ARCHAEOLOGICAL MUSEUM It houses the prehistoric collections from excavations carried out in the Maures and Estérel mountains, and collections from antiquity discovered during underwater excavations in Saint-Raphaël and eastern Var. Free. Tél. 04 94 19 25 75. Place de la Vieille Église. Time and information ville-saintraphael.fr The visit to the museum also includes access to the top of the medieval tower, a visit to the Romanesque church and the archaeological crypts. Don’t miss the temporary exhibitions, with two new exhibitions each year. Special activities are on offer for younger visitors during the school holidays. Guided tours every Thursday.



10 MICRO-FOLIE DIGITAL MUSEUM The digital museum is a chance to enjoy 400 treasures from 12 major French cultural institutions: the Château de Versailles, the Pompidou Centre, the Louvre, the National Picasso Museum, the Musée du Quai Branly, the Philharmonie de Paris, Universcience and the Réunion des Musées Nationaux and Grand Palais, the Avignon Festival, the Paris Opera and the Musée d’Orsay. Providing optimal broadcasting conditions and high-definition picture quality, the digital museum makes for an unexpected visitor experience. Cultural Centre, Marcel Pagnol Room. Tél. 04 98 11 89 00. Time and information saintraphael.micro-folies.com



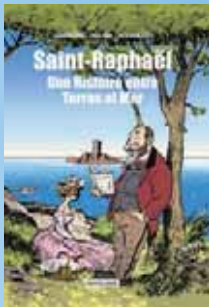
11 LOUIS DE FUNÈS MUSEUM The museum is wholly dedicated to Louis de Funès, introducing the artist and the man in the intimate family surroundings of his château and garden. Hundreds of objects help recount the life and work of the French people’s favourite actor. In the different rooms, visitors can see film posters, movie sets and awards marking an exceptional career. Everything is designed to make sure the visit is a fun, entertaining and fascinating experience to enjoy with your family. Until 31 May 2023: the exhibition : **LA GASTRONOMIE Louis de Funès en fait tout un plat** - Time and information museedefunes.fr



Adults: €6 • Group rate: €4 per person (minimum: 10 visitors) • Guided visit: €10 per person, including admission (minimum: 6 visitors) • Free for under 18s, students aged under 26, unemployed and beneficiaries of minimum social benefits on presentation of valid written proof. Tickets on sale at the Saint-Raphaël and Agay Tourist Offices.

MACO : MUSÉE À CIEL OUVERT An artistic trail through the streets of the town, featuring 15 paintings on building façades, feeder pillars, steps and walls. Urban artists have made their mark and enriched the **Musée à Ciel Ouvert** open-air museum. Free visit, reservation required from the cultural centre. Tel: 04 98 11 89 00.





Saint-Raphaël en BD
Un histoire
entre Terres et Mer
 Price: €12



Louis de Funès en BD
LOUIS DE FUNÈS,
Drôles de vies !
 Price: €14,90

On sale at the Saint-Raphaël
 and Agay Tourist Offices



Come and soak up the atmosphere, enjoy a drink and eat a few local specialities at the indoor market in Place de la République.

At Place Victor Hugo, you can get to know the local traditions and talents of St Raphaël's farmers.

And don't forget the Halle des Pêcheurs (fishermen's market) at the old port with its unique atmosphere and regular arrivals of boats filled with fresh fish.



MARKETS

Every morning except Monday:

- **Covered:** Place de la République
- **Discovered:** Place Victor Hugo

FISH MARKET: Place Kennedy every morning

STREET MARKETS: Stalls with food, flowers, produce from farmers and local sellers, manufactured goods

- Place Victor Hugo: Thursday morning
- Place de la Poste Boulouris: Monday morning
- Place Giannetti. Agay: Wednesday morning

FLEA MARKET: Place Couillet every Tuesday

CRAFT MARKET

- The old Port: Every Sunday and bank holiday
- Promenade des Bains: Every evening in July and August
- Agay : Saturday and Sunday evening in July and August
- Cap Estérel: Wednesdays from April to October

- **Fréjus** Street market: Wednesday and Saturday mornings. Historic centre: Sunday mornings sea-front.

- **Le Muy** Main square: Provençal market on Sunday mornings.

- **Saint-Tropez** Place des Lices: Street market: Tuesday and Saturday mornings

- **Nice** Cours Saleya: Flower market every day except Mondays.

IN ITALY

- **VINTIMILLE:** Fridays Sea-front

- **SAN REMO:** Saturday morning downtown



CONFIDENTIEL
HÔTEL

1090, Avenue du Colonel Brooke
83700 Saint-Raphaël
00.33.(0)4.94.19.90.20
www.confidentiel-hotel.com

Boutique hôtel & SPA, situé aux pieds des golfs et du massif de l'Estérel.



DON'T FORGET OUR GIFT VOUCHERS

When you choose the "J'aime Saint-Raphaël" gift voucher, you are helping towards the development of our retailers and craftspeople. You are free to choose from 250 shops fashion, beauty, jewellery, leisure, gastronomy, home

decoration, services, restaurants...

On sale from the Trade Office, the Saint-Raphaël Tourism Office and the Agay Tourist Information Office.

jaimesaintraphael.fr



Alcohol abuse is dangerous for health. To consume with moderation



LES BRASSEURS DE L'ESTÉREL

make 100% Provençal beers with just the right amount of bitterness! There are different sorts of beer to try as well as a range of sodas, including lemonade and the region's number 1 cola! Come and visit the brewery shop: 170 rue I. Newton Tel. 07 82 07 48 78 riviera-beer.com

DOMAINE TERRES DESTEL

Right at the heart of the Estérel range, the estate extends over 25 hectares with 12 devoted to vineyards. The cellar is open for purchases in April, May, June and September, Monday to Friday: 10 am to 6 pm; in July and August, Monday to Saturday: 11 am to 7 pm; reservation required in October to March. Tel. 04 94 82 46 80. Rue Jean Rostand terresdestel.com

TASTE GOURMET

is a very fine-food concept focusing on gastronomy and exceptional specialties selected by a fine-food expert: Arnaud SCHMITD. Caviar, truffle, condiments, chocolate, tea and coffee, spirits, fine wines and Champagne, dry grocery items... Open Monday to Saturday, 9 am to 1 pm and 3 to 7 pm. In season: 10 am to 1 pm and 3 to 8 pm. Tel : 04 94 54 62 69 taste-gourmet.fr

SIGNORINI TARTUFI

A culinary experience focusing on truffles. Discover the very best of Italy and treat yourself to a selection of products made from truffles. 18 Bd Felix Martin. Tel. 04 89 99 24 07 signorinitartufi.com

LA TARTE TROPÉZIENNE

Cakes, fine foods. 29 place Gallieni Tel. 04 94 19 47 80 latartetropezienne.fr

LE PROVENÇAL

Chocolates, cakes, sweets, macaroons, Provençal calisson sweets, nougat, honey, gingerbread, candied fruit. Tapenades, anchovy spreads and sardine purée. Tel. 04 94 95 04 26 le-provençal.net/fr

LE PALET D'OR

Didier Carrié Artisan chocolate maker. He created "Le Mimosa d'Agay". A white chocolate truffle flavoured with mimosa, candied lemon-peel and plant liqueur... A must-taste. 170, rue de l'Agay, 83530 Agay. Tel. 04 94 82 00 88

LA CURE GOURMANDE

Biscuits, sweets, chocolates, regional specialties. The shops are an enchantment. Here customers can savour an enjoyable experience with some very tasty treats. 8 Bd Félix Martin. Tel. 07 66 67 39 55 curegourmande.fr

ENTRE METS

Our aim is to introduce you to chefs, creators, people who love good food and artists. The creations include both sweet and savoury French gastronomy. 67 rue Ch. Gounod & CC Golf Valescure. Tel. 09 87 57 72 50 entre-mets.eu

MAISON COCHET

Since 1932. Chocolatier, pastries, Nougats 98, bd Félix Martin 83700 Saint-Raphaël. Tel. 04 94 95 01 67

CHOCOLAT PUYRICARD

Tasting our chocolate sweets means understanding all the importance of our traditional chocolate making since 1967. 40, rue de la liberté. Tel. 04 94 40 69 00 puyricard.fr

CALDERON

Pastries, Ice Cream and Macaroons. 89, Place de la Mairie. Tel. 04 94 83 63 08 & Bd Félix Martin Tel. 04 94 51 05 36 calderon-chocolatier.com



WINE-TASTING EXPERIENCE

All through the year, some 20 local wine estates are open to the public. You can enjoy the vineyard areas during fun activities, including wine-tasting workshops, picnics, quad and buggy rides, as well as activities for children. The practical, intuitive and attractive Wine Map takes you on a journey of discovery in the wine estates of the Estérel Côte d'Azur region to see life through "rosé" tinted glasses!

An outstanding
heritage





Saint-Raphaël was originally a village of fishermen and farmers. It won fame in the second half of the 19th century, when the town attracted a large number of well-known personalities who came to enjoy the Mediterranean climate. Today, it has preserved an outstanding heritage of Belle Époque villas, but also wide-ranging testimonies to a more recent past, especially the quarry workers' village in Le Dramont and the Allied landings beaches in Provence in 1944.

Free leaflets available from the Saint-Raphaël and Agay Tourist Offices

GUIDED TOURS

BELLE ÉPOQUE VILLAS

Saint-Raphaël comprises a host of exquisite 19th-century villas, holiday homes and mansion houses where quite a few celebrities have stayed. Discover Alphonse Karr and Charles Gounod along your journey through this original tour. Duration: 2h.

FROM THE OLD TOWN TO THE SEAFRONT RESORT

Through the medieval village to the stylish Belle Époque seaside resort, a thousand years of history engraved in the streets of Saint-Raphaël. Duration: 2h.

Dates, registration and payment at the Saint-Raphaël and Agay Tourist Office.

NON-GUIDED TOURS



BELLE ÉPOQUE VILLAS IN THE NOTRE DAME DISTRICT

There are twenty illustrated panels along the way to highlight an exceptional architectural heritage, recalling a rich past and bearing witness to the history of Saint-Raphaël, an attractive town where many splendid residences were built.



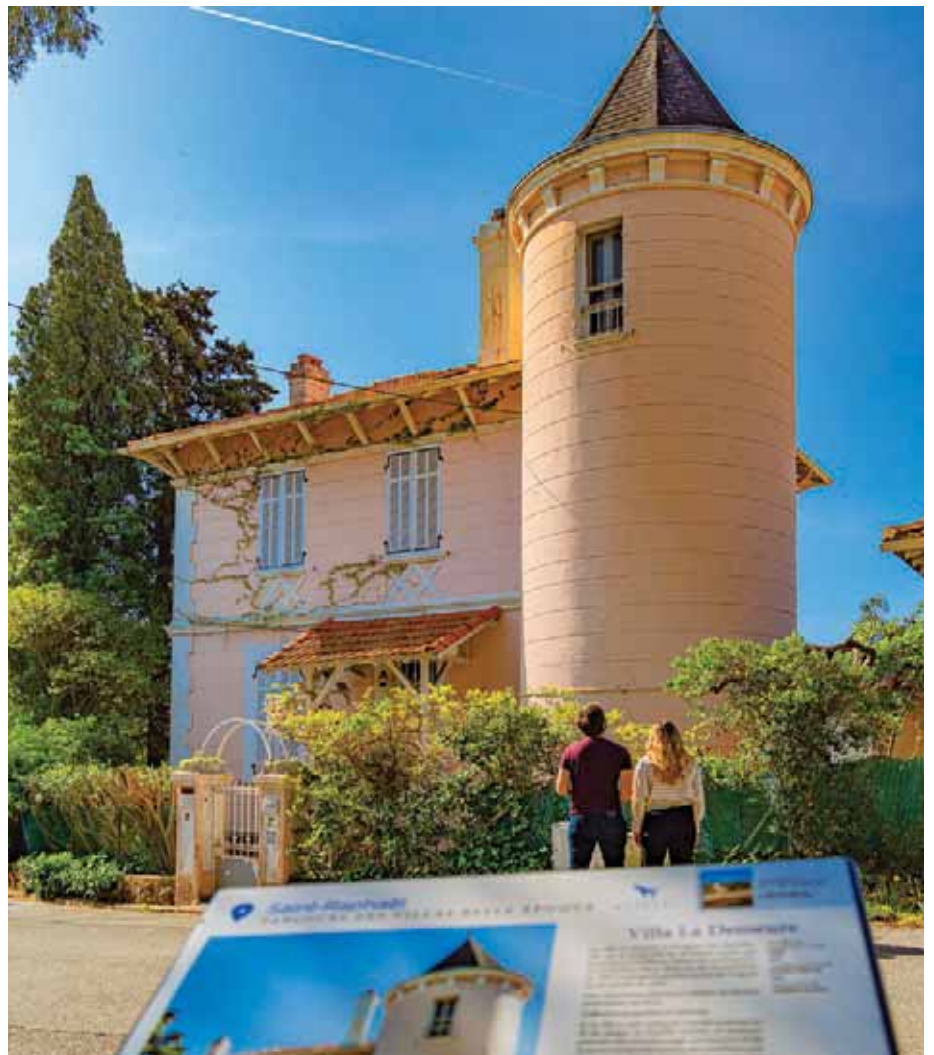
BELLE ÉPOQUE VILLAS IN THE BOULOURIS DISTRICT

The district boasts around twenty Belle Époque residences in wide-ranging architectural styles. The tour takes visitors between the villas and the jagged coastline.



VILLAS IN THE VALESCURE DISTRICT

A walk along the Valescure avenues with a chance to see the beautiful houses that give the district its identity. This is a history forged by enthusiastic architects, renowned doctors, outstanding personalities and, of course, the «English colony» in the Victorian period.



During the Belle Époque, some 250 elegant villas were built in Saint-Raphaël. Many of these villas are still part of the town's heritage and can be seen at their best during discovery tours

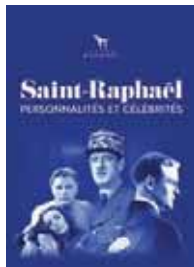
Saint-Raphaël demeures et jardins de la Belle Époque
Price: €15



Mémoires du viaduc d'Anthéor
Price: €20



Saint-Raphaël PERSONNALITÉS ET CÉLÉBRITÉS
Price: €20



Book on sale at the Saint-Raphaël Tourism Office and the Agay Tourist Information Office.

Saint-Raphaël began its rise as a seaside resort in 1864 with the arrival of the railway and of the writer, Alphonse Karr. But the real boom took place after Félix Martin was elected mayor of the town in 1878. He brought new facilities to the town: luxury hotels, a casino, a water network, a road network, villas and townhouses... The town became a fashionable holiday health resort in winter, where a wide range of personalities rubbed shoulders, including artists, writers, doctors, businessmen, politicians and aristocrats from France and abroad. They all came to stay in the luxury hotels and got together in the town's salons.

The Corniche d'Or coastal road opened in 1903, linking Saint-Raphaël to Cannes and running alongside the Estérel range and the Mediterranean. This led to the development of the resorts of Agay, Anthéor and Le Trayas.

On 15 September 1914, Saint-Raphaël was officially declared a holiday and health resort for winter and summer by the French President, Raymond Poincaré.

ARCHITECTURE

Pierre Aublé, the town's architect and the designer of Notre-Dame de la Victoire basilica, built around 60 villas. Other architects contributed to the heritage of Saint-Raphaël, including Sylvain Ravel and Henri Lacreusette, Laurent Vianay, Léon Sergent and Jacob Houtelet.

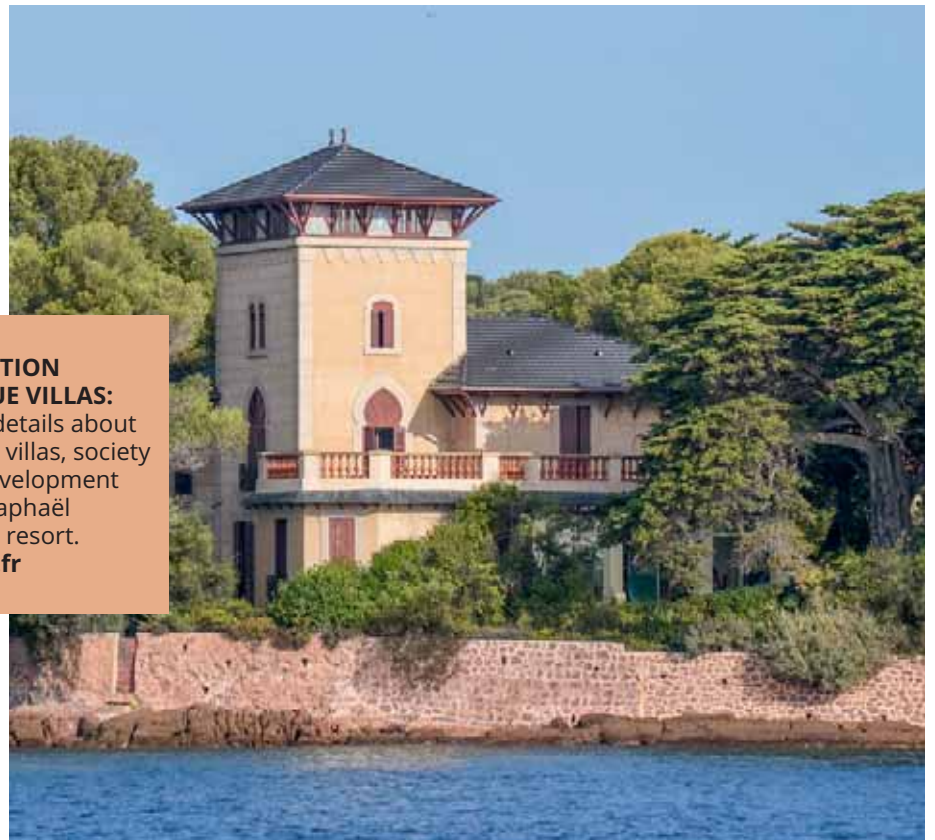
They all built exquisite residences in Neo-Classical or eclectic style with a more or less obvious Palladian, Moorish, Anglo-Norman, Victorian or Art Nouveau inspiration.

PERSONALITIES

Alphonse Karr settled in Saint-Raphaël in 1864, attracting a large number of fellow artists, including the composer Charles Gounod and the poet Jean Aicard. Later followed the opera singer Caroline Miolan Carvallo, the librettist Jules Barbier, the sculptor Oscar Roty... and later still, the painter Louis Valtat, the actress Sarah Bernhardt, the author Colette among many others...

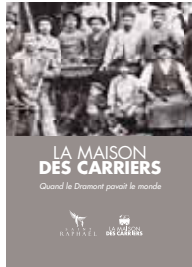
The early years of the century saw the arrival of English personalities from the world of politics, including Lord Gladstone, Queen Victoria's Prime Minister... plus the crowned heads of Europe (Princess Clémentine of Belgium), scientists (Yves Le Prieur) and politicians (Georges Leygues)...

Between the wars, the writers F. Scott Fitzgerald and Antoine de Saint-Exupéry also stayed here.



ASSOCIATION BELLE ÉPOQUE VILLAS:
a goldmine for details about the history of the villas, society life and the development of Saint-Raphaël as a health resort.
avbe.fr

From 1862 to 1959, porphyry was mined and processed in Le Dramont. Hundreds of workers mined the stone and made paving stones and ballast that were exported all over the world. Today, the quarries have been turned into lakes.



EXHIBITION SITE:

THE QUARRYMEN'S HOUSE The Quarrymen's House is a chance to explore the daily life of quarry workers and of their families, at work and in the company town, through collections of objects, documents and videos. Free admission. Monday to Friday, from 9 am to 12 noon and 2 to 6 pm. Saturdays, reservation required. Résidence Estérel Parc - 1254, bd de la 36^{ème} Division du Texas - Le Dramont Tel. 04 98 11 25 88



DISCOVERY TRAIL

1 panels have been set up at the former Dramont porphyry quarries at the initiative of the Cercle Dramontois, an association preserving the memory of their ancestors, and in partnership with the city. The aim is to highlight the industrial and human history of the site, where 800 quarrymen worked between 1864 and 1959. A local identity that is now embodied in an educational trail and the Quarrymen's House. Departure: Plage du Débarquement. Duration: 30min.



THE GRANDS CAOUS QUARRY

The Grands Caous Quarry, right at the heart of the Natura 2000 listed site in the Estérel Massif, invites you to discover the work of the quarrymen. Free visit to the landscaped trail (reservation required) on Fridays:
Tel. 04 94 19 83 56.
Start: 10 am. Duration: 1hr.
Bd Delli-Zotti
83700 Saint-Raphaël.

The town of Saint-Raphaël was at the centre of major battles during the Second World War. The Estérel coast was named Zone Camel, one of the 3 Allied landing sites in Provence on 15 August 1944. Alongside D-Day in Normandy, the landings in Provence played a decisive role in the fall of the Nazis and in the end of the war. The Memorial Trail links 10 richly historical sites.

- 1 Esplanade Delayen:** Saint-Raphaël was a highly active centre of the Resistance, with many networks involved in the fight, including Nilo (Mithridate), Cotre, Carte, F2, AS, MLN and FTP-MOI.
- 2 Monument à l'Armée d'Afrique:** A stone plaque in honour of the African soldiers who died on the field of battle.
- 3 The Boulouris Military Cemetery:** The cemetery contains the bodies of 464 soldiers from General de Lattre de Tassigny's 1st French Army. With wide-ranging origins and faiths, they were all killed during the liberation of Provence in 1944.
- 4 Le Dramont landing beach:** A landing craft and plaque commemorating the 36th Texan Infantry Division, which landed here on 15 August 1944.
- 5 Pourrousset beach:** Italian and German blockhouses still visible, defending the bay of Agay and the radars of the Dramont hill.
- 6 Agay beach:** Site of a deadly Allied bombardment on 11 November 1943 and an Allied landing beach on 15 August 1944.
- 7 Agay-jardin de l'oratoire:** Commemorative plaque for the crew of the US bomber "Miss I Hope", shot down by the German anti-aircraft defence on 27 May 1944 in Agay bay.
- 8 Col de belle barbe - Estérel:** Commemorative plaque and site of the graves of the crew of the US bomber "Lucky Lady" shot down by the German anti-aircraft defence on 25 May 1944.
- 9 Cove of Anthéor:** A strategic inlet due to the railway viaduct, destroyed in a US attack, and to its position barring the way east after the Allied landings in Provence.
- 10 Pointe de l'Observatoire:** A large number of German anti-aircraft bunkers and blockhouses protecting the Anthéor viaduct can still be seen at the site.

Multilingual and digital information signs will soon be added all along the Memorial Trail. The trail is part of the "Liberation Route Europe" international network linking over 1000 Second World War memorial sites.



An exceptional coastline





*The sea embraces the coast
and unveils its curved coves, secret bays,
beaches, creeks and calanques.
A treasure trove of sparkling jewels,
boasting sand and red rocks,
an invitation to swim on sunny days or
to stroll, wander and relax off-season.*

AGAY BAY

At the foot of the magnificent Rastel rock formation, Agay Bay unfurls onto a wide sandy beach where a myriad of summertime watersports activities are proposed: sailing, kayak, paddle, parasailing... enjoy incredible moments in this clear-water setting. The bay, sheltered to the West by the Cap Dramont and to the East by the Pointe de la Baumette, is the natural gateway to the Estérel Massif.

L'ÎLE D'OR

Since 1897 the island has been private property (visitors cannot land there). It was once the scene of lavish receptions, and the owner at the time proclaimed himself king of the island! It is also a reputed spot for dropping anchor and diving. Its crenellated square watch tower was made from Estérel redstone.

THE SECRET CALANQUES

The effort is well worth it. From the **Corniche d'Or**, between **Anthéor** and **Le Trayas**, several sets of steps lead up to these little treasures of red rock in a pristine state. Who could resist the call of crystal-clear waters for a swim to the caves and peaks formed by the Estérel?

CONFIDENTIAL CREEKS

The coast is more confidential in the creeks of **Boulouris** or **Le Dramont**. Here children can look for shells, while little fish hidden in the rocks come to the surface all along the coastal path. This is a paradise for snorkelling or scuba-diving, especially on the outskirts of Le Dramont and the famous Île d'Or.

LA CORNICHE D'OR

The panoramic Corniche d'Or road is an incredibly beautiful natural site! Exceptional views against the backdrop of the red volcanic rock of the mountains and the blue Mediterranean Sea. You can travel along this panoramic route by car or motor bike, but we recommend a visit by boat or kayak, so you can make the most of the view over the series of calanques and little beaches in an unspoilt setting.



A protected environment with the Natura 2000 label

The Esterel with its rich biodiversity and remarkable geological heritage is part of the European network of Natura 2000 sites. The aim is to preserve the most precious natural habitats whilst maintaining the economic benefits and leisure activities of the region.

The site measures a total of 15,000 hectares (7,800 hectares of land and 7,200 hectares of marine environment). Applications are now underway to obtain the "Grand Site de France" label.

PELAGOS SANCTUARY

Saint-Raphaël and its coast are part of the marine park that stretches all the way to Italy. The area contains exceptional biodiversity. Dolphins, whales and 8500 other animal species are now protected and observed in a maritime area that is unique in Europe.

CLEAN BEACHES

Saint-Raphaël is helping to clean up the beaches and organising large-scale campaigns in spring and autumn to raise local awareness about preserving the environment. Many local environmental associations are very active and have also set up litter-collection initiatives. There are over 20 initiatives each year on land, on the sea, on foot, involving divers or paddleboarders... Children and adults can take part in positive and friendly solidarity campaigns, such as World Clean Up Day, Mes Rivages Propres.



Saint-Raphaël has signed "Plage sans déchet plastique" charter. The aim is to reduce this polluting substance in the sea and on land, and help preserve the well-being and health of us all. 3 fields of action: raising awareness, prevention, waste collection/cleaning/sorting.

biodiversitetousvivants.fr

THE BEACH IS A PUBLIC AREA. PLEASE FOLLOW THE RULES OF HYGIENE AND CLEAN UP!

- . Don't throw litter on the sand (wrappers, cigarette butts, food, etc.) and don't bury them either, use the nearby bins or baskets.
- . Notify the lifeguards or Town Hall about any dangerous waste.
- . Use the toilets alongside the beaches.

BATHING WATER QUALITY AND MONITORING

Supervision of areas reserved for bathers is ensured by qualified staff at lifeguard stations from June to mid-September.

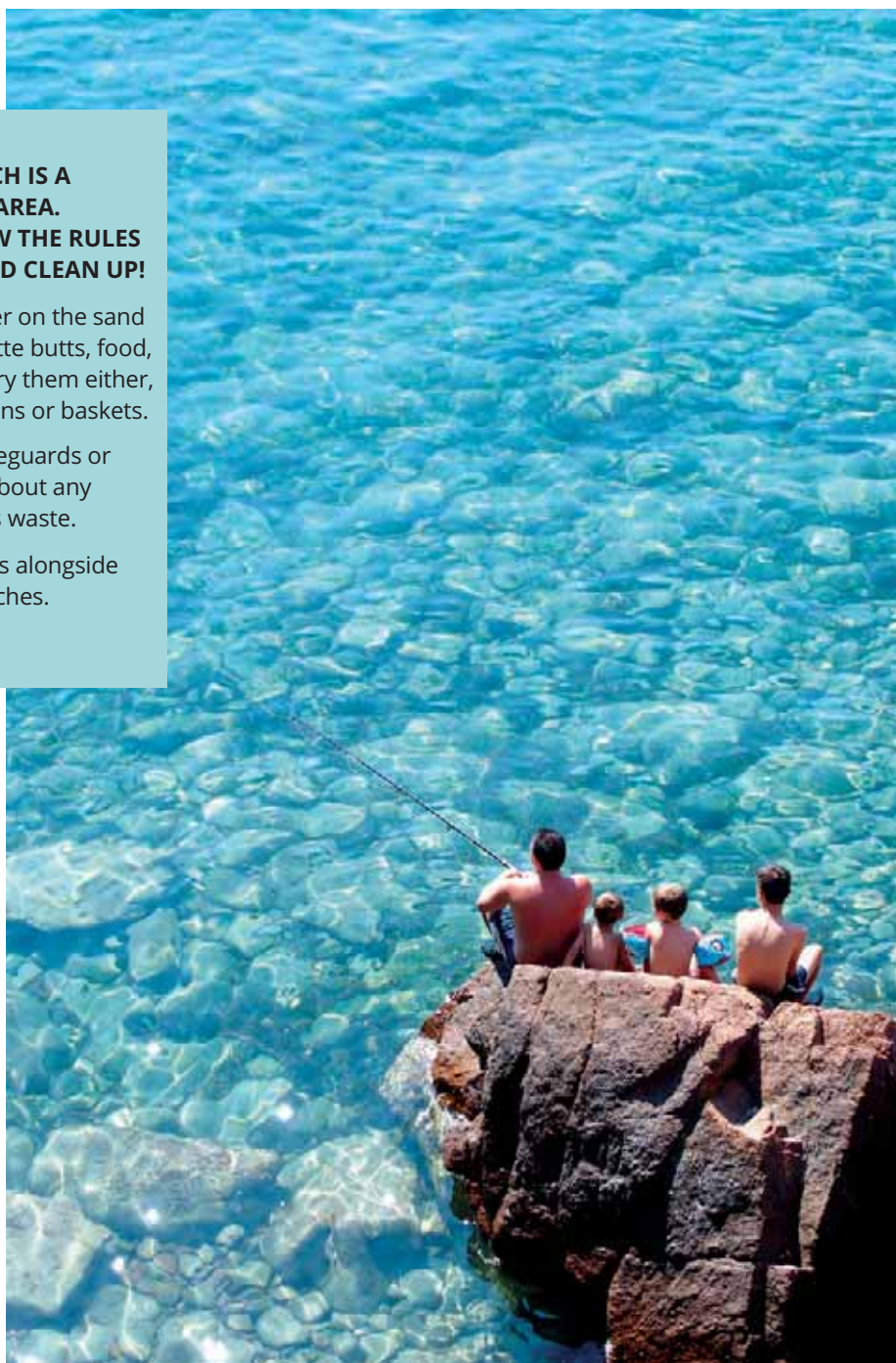
Veillat Beach lifeguard station (centre town): Tel: +33 (0)4 94 83 94 76

Supervised beaches: Beau Rivage, Péguère, Débarquement, Agay, Lido. Health control of bathing water is also implemented by the Regional Agency of Health (ARS) during the summer season.

The results are displayed on the dashboards in front of the referred beaches at the emergency stations.

It is possible to know the quality of bathing waters on

baignades.sante.gouv.fr



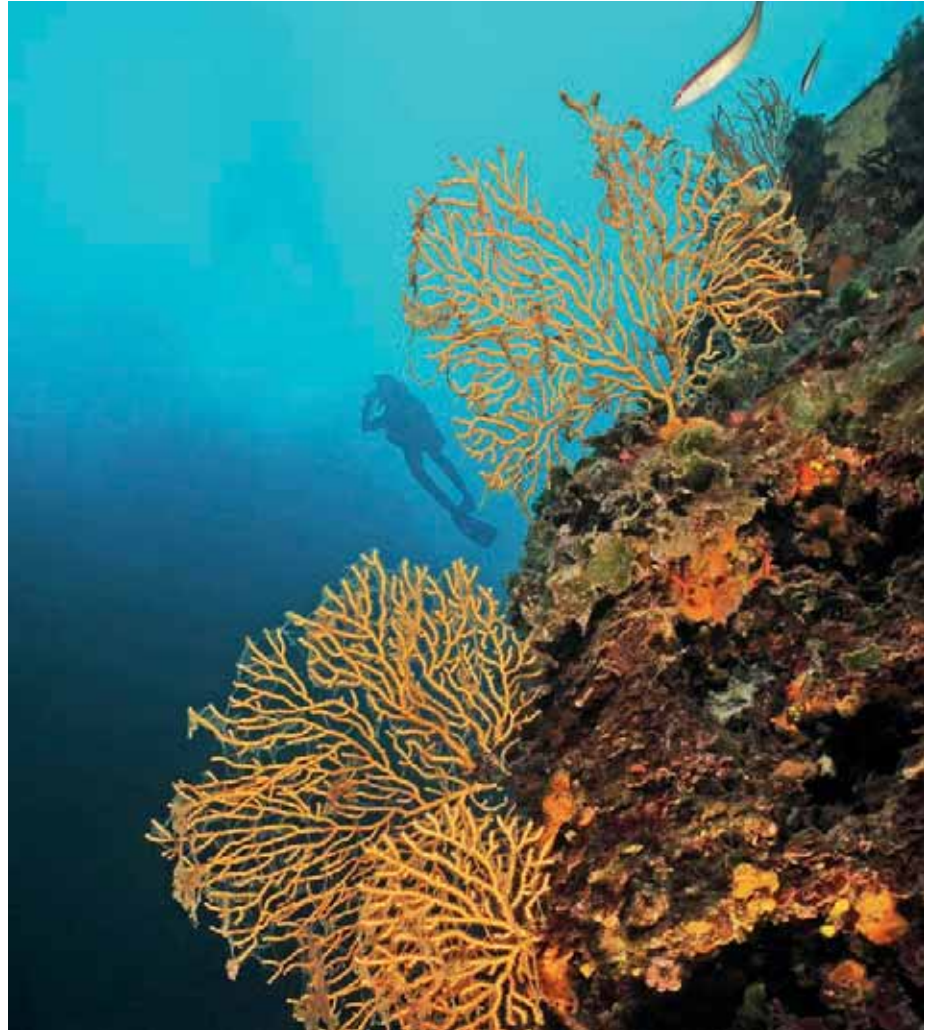
Saint-Raphaël is teeming with superb diving sites. The preserved coastline is the perfect place to see a wide range of underwater species, as well as numerous shipwrecks.



Don't hesitate to ask for our free guide to diving in Saint-Raphaël or download it on saint-raphael.com

OUTSTANDING DIVING SPOTS


All ages can explore the area during a freedive or a scuba dive. In 1934, the first modern equipment was invented and the first "Underwater People Club" opened! The pioneers discovered wild animals and plants that are still preserved today along the entire coastline. The coast has the Natura 2000 listing and is a protected marine area stretching from Agay to Le Trayas.




MARINE NATURE RESERVE

Cap Roux is the largest marine nature reserve in France. This 445 hectare reserve is an ideal place for fish reproduction thanks to its biodiversity and the variety and quality of its habitat. The zone is part of Natura 2000. All types of fishing are prohibited professional, amateur, sea-urchin, harpoon and line.

From the Old Port to Agay, the jetties in the town's 5 ports provide a picturesque setting to drop anchor for the night or a longer stay. Restaurants and bars bring the quayside to life in a convivial atmosphere with the sound of the boats' halyards in the background.

 **VIEUX-PORT** located at the very heart of the town.
Portmaster's office: Tel. 04 94 95 11 19

 **PORT SANTA LUCIA** the Côte d'Azur's 3rd port.
Portmaster's office: Tel. 04 94 95 34 30

PORT DU POUSSAÏ the small Port du Poussai in the Dramont, located at the foot of the semaphore. Portmaster's office: Tel. 04 94 44 12 24

PORT DE BOULOURIS is located on the coastguard path between Saint-Raphaël old town and the Cap Dramont. Portmaster's office: Tel. 04 94 40 49 96

PORT D'AGAY is located at the heart of Agay Bay. Portmaster's office: Tel. 04 94 17 15 57

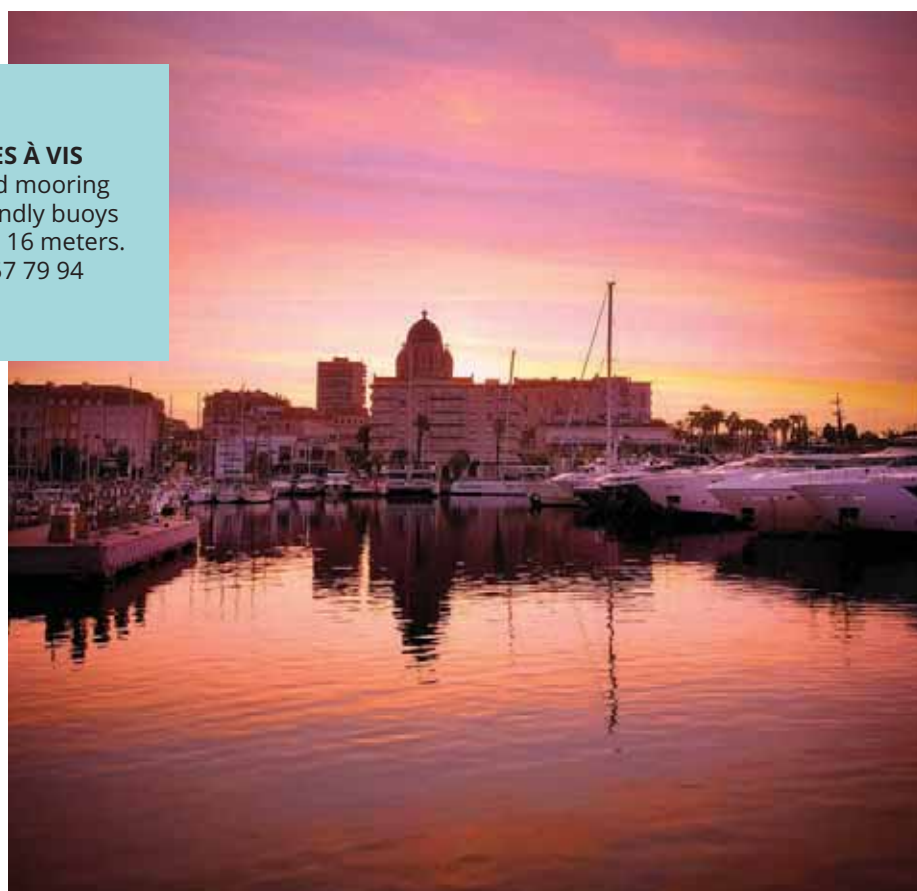
Régie des ports de Saint-Raphaël : portsdesaintraphael.com

 pavillonbleu.org

 ports-propres.org

LES ANCRES À VIS

The organized mooring offers eco-friendly buoys for boats up to 16 meters.
Tel. 06 60 57 79 94



FRANCE STATION NAUTIQUE
A label awarded to towns which guarantees sailing excellence in terms of participants' safety and respect for the environment.
station-nautique.com

Excursions maritimes : St Tropez, Porquerolles, Les Calanques de l'Estérel, Île Sainte-Marguerite



MAP OF THE COAST, THE BEACHES AND THE ESTÉREL RANGE

36 km of coastline to explore...
the rugged coastline has a wide range
of beaches: sandy, pebbled or shaded
shingle beaches, creeks and calanques.

- Sandy beaches
- Coves and creeks
- Pebble beaches
- Coastal path
-  Tourist office





Beaurivage beach in Saint-Raphaël and l'Escale beach in Agay. The town recently received an accessibility prize. They includes all the facilities and amenities disabled visitors need: reserved parking spaces, a shaded terrace, adapted changing rooms, toilets and showers, one-person lift, audio-beach system (helping people with visual disabilities to enjoy a swim), water wheelchairs, life jackets, armbands and swim noodles. Handiplace services are available every day in summer.

ville-saintraphael.fr

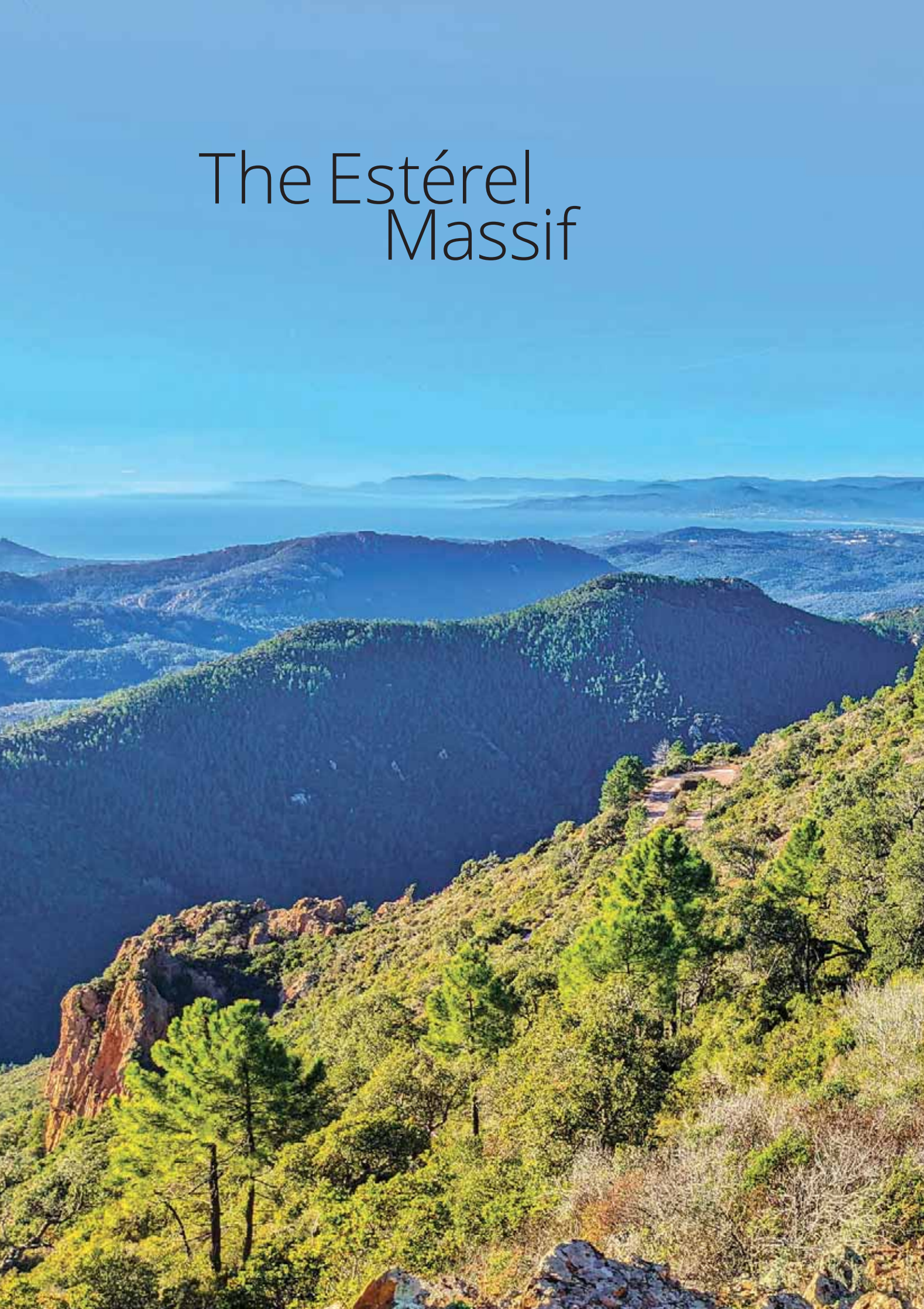
2 sites HandiPlage

Plage de Beaurivage : 06 09 52 23 60

Plage de l'Escale : 06 18 88 47 35



The Estérel Massif





The Estérel is dazzling with its volcanic rock and sparkling with colour. The mountain range with its rugged outline provides visitors with some breathtaking views. The contrasting landscapes makes this a unique site, with the Natura 2000 label. An enthralling and spectacular venue for hikers, cyclists or horseriders.

WORTH NOTING

The range is closed between 9 p.m. and 6 a.m. throughout the year. From June to September, before you set out for a walk, make sure you find out if there is a fire risk that day. You can find this information: var.gouv.fr

Find out about weather conditions. Take suitable equipment and shoes, and don't forget to take enough water with you. Keep away from grazing areas and bee hives.

FLORA AND FAUNA

As you walk along the footpaths and riversides, you will spot a wide range of animals and plants. Deer or wild boar, green lizards or stone martens, beetles and butterflies will all be there. Aleppo pines and Pinyon pines, agaves and mastic trees, bay trees, lavender, cistus and common broom are typical of the coastal area, while the shaded, north-facing slopes are covered in tamarisks. Higher up there are cork oaks, symbols of the Mediterranean identity, evergreen oaks, rosemary, juniper and asphodels. Above 200m, Judas trees, sessile oaks, lime trees, maple trees, heather, strawberry trees and mimosas all grow.

RESPECTING THE ENVIRONMENT

To avoid damage to the mountain range, which is managed and protected by the National Forestry Office, always respect the regulations: stay on the footpaths and protect nature.



We recommend you:


- . To follow the instructions stipulated on each site.
- . To remain on the marked paths to prevent soil erosion.
- . To avoid any deterioration of flora and to minimize harvesting.
- . Not to abandon waste outside the appropriate specific installations for waste disposal.
 - . To pay attention not to cause a fire.
 - . To park in order not to impede the passage of emergency relief.
- . To keep your dog on a leash and to bring your bag of cleanliness.
- . Please respect the wild animals and do not feed them.



ACCESS TO THE MASSIF BY CAR Entrance: Rue du Gratadis



THE COASTAL PATH

 4h30 - 11km
(one-way)

 140 m

Trail shown in pink on the map P.20



An energetic and steep trail

Departure: Port de Santa Lucia

Access: We strongly recommend you use public transport to get to the hiking trail departure points, then to go back on foot (there is little public transport on the way back).


- From the centre of Saint-Raphaël, take bus n° 8 or 21 (at the Camp Long stop) or the train (the Agay stop), then come back on foot.

- From Agay, Le Dramont, take bus n° 8 or 21 (Saint-Raphaël "Gare Routière" stop) or the train (Saint-Raphaël Valescure stop), and then go along the Promenade des Bains as far as Port Santa Lucia, where the path begins, then come back on foot.

Route: Follow the path with yellow signposts. There is a break in the trail for 700m between Pointe de Pierre Blave and Plage du Débarquement, where you need to walk beside the road. During the hike, you'll alternate between red rock cliffs, creeks with jagged rocks and beaches that are ideal for a dip or a picnic break.

On the way, you'll see typically Mediterranean vegetation, pines, aloes and Barbary fig trees that heroically grow on the rocks with their contrasting colours, bearing witness to the rich geological past of the coast (red rhyolite, esterellite in Le Dramont, sandstone). So, it is hardly surprising that at the end of the 19th century, the bourgeois and aristocratic elites chose this unique coast to build residences in enchanting styles, which perfectly blend in with the highly irregular coastline and that we can glimpse at the end of the splendid gardens overlooking the path. The most spectacular part of the trail is probably Cap Dramont, with its cliffs and dizzying view over the Île d'Or.

CAP DRAMONT

 2h - 3km

 170 m



Departure point: Camp Long beach

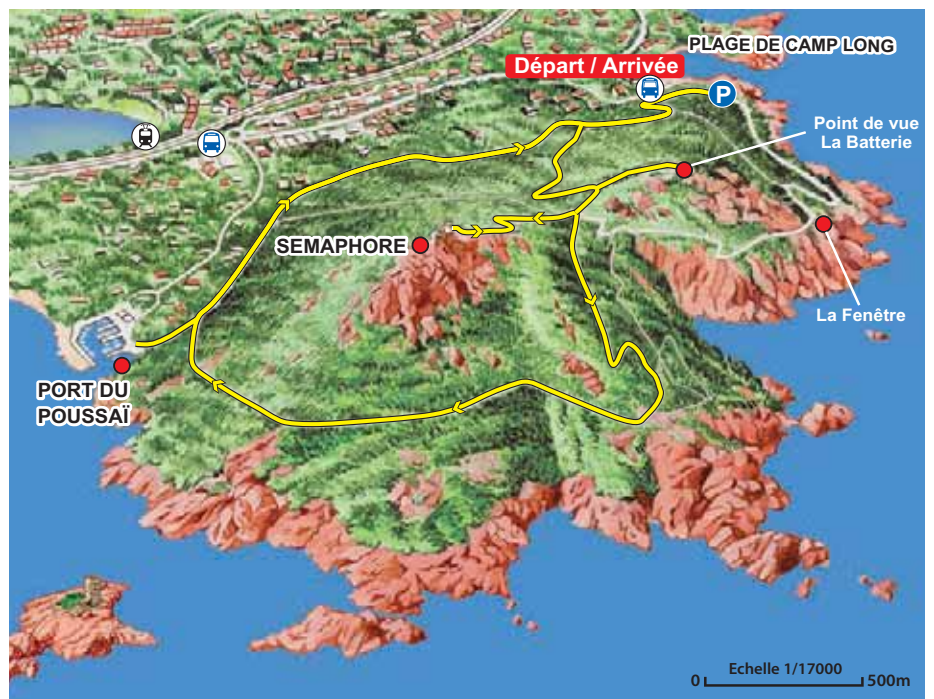
How to get there:

. By car: Take the coastal road towards Agay until you get to the Dramont. Turn right when you see the sign "Tiki Plage" and park in the car park at the end of Allée Robinson.

. By bus: Number 8 or 21 - Camp Long stop

. By train: TER 03 - Le Dramont stop



Itinerary: Join the path at the wooden barrier below the car park, then after 200m turn right onto the dirt path and continue as far as the tarmac track. At the 2nd bend, continue straight ahead and you can admire the view from the Battery over Agay Bay. Retrace your steps and follow the tarmac track up to the Semaphore (go round it on the right) and enjoy another breathtaking panorama. Go down as far as the intersection and turn right along the tarmac track that looks down over the southern face of Cap Dramont. At the end of the track, before turning right onto the path that will lead you back to your starting point, take a detour to the left as far as Port du Poussaï, a typical and colourful little port.



Path signposted in yellow



THE FOREST HOUSE AT PERTHUS BRIDGE

 approx 1h
3,5 km (round trip)
 60 m





3

Only from 20 September to 15 June

Route by car: From Valescure, head for Agay and turn off towards the "Estérel Caravaning" campsite. Continue for 5 km as far as the Forest House, where there is a large car park. Follow the tarmac road running alongside the Forest House.

Walk: You first walk alongside the old timber plantations, and in season you can see the sheep grazing. The shaded trail runs above the river bed in the ravine to your right, then gently descends towards the Perthus Bridge, where a charming river flows. Come back the same way.

COL DE BELLE BARBE AT PERTHUS BRIDGE

 approx 1h
4 km (round trip)
 110 m



4

Route by car: From Agay follow the signs to "Massif de l'Estérel". Pass by the Gratadis forestry house, turn left towards "Col de Belle Barbe". Continue as far as the barrier across the road. Here you can park.

Walk: Go through the barrier and walk along the tarmac road. At the Col du Mistral roundabout, turn left onto the forest road that goes downwards. The road leads down as far as the Perthus bridge, where a pretty river flows. Turn around. You can also continue the walk as far as the Roussivau forest house (extra 1-hour round trip).

ROCHER SAINT-BARTHÉLÉMY "LE SENTIER BIOLOGIQUE"

 approx 1h
3,2km (round trip)
 75 m






5

Departure point: Rocher car park Shelf of Anthéor

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Massif de l'Estérel". Go under the small railway bridge and past the shops (bakery, boat and car repairs) then turn right onto a small road signposted "Massif de l'Estérel". After the Gratadis forester's house turn right in the direction of "Pic de l'Ours". At the next crossroads turn right towards "Rocher Saint-Barthélemy, Plateau d'Anthéor", then continue until you get to the barrier. Park your vehicle (remember to leave the access road clear for fire engines).

Walk: Go through the barrier and follow the road for 1.5km (approx 30 mins). The road is flat and closed to traffic. It overlooks the Corniche and offers excellent views over the sea. To return, simply retrace your steps. You can continue the walk after the rock up to the coast (2km round-trip).

Accessible for people with reduced mobility 
Accessible to baby strollers 
Picnic tables 



PIC DE L'OURS

1h30

2,3km circular walk

200 m

Difficulty: Easy



Departure point: Col Notre-Dame

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Massif de l'Estérel". Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted "Massif de l'Estérel". Next follow the signs for «Pic de l'Ours» (8km).

Itinerary: A number of routes leave from Col Notre-Dame: follow the path with wooden arrows marked "Dent de l'Ours - Pic de l'Ours". The path climbs slightly at the beginning. Turn right at the intersection, and you will arrive at the foot of the Dent de l'Ours. At the rock, enjoy a breathtaking view over the bay of Cannes and the famous Lérins islands, with the bay of Fréjus and the Maures mountains in the distance. Retrace your steps, and after 20 metres turn right along the path going up towards the summit of the Pic de l'Ours.

At a height of 492m it offers a stunning panorama of the Esterel. The diverse ecosystems of the Massif can be seen: jagged summits, red rock cliffs, vegetation, ravines... The flora is just as diverse: cork oak (dominant species), maritime pine, heather, strawberry trees. This environment is typical of the Mediterranean. Go past the transmitting antenna and continue about 50m on the road then take the path on the left which heads downhill (beware - steep path). You can also head back on the tarmac road (20 mins longer but easier).

- Path signposted in blue
- Tarmac pedestrian route
- Tarmac road






PIC DU CAP ROUX

🕒 2h

4,3 km circular walk

🏔️ 360 m

Difficulty: Average, the path goes through areas of scree (loose stones), so you'll need good walking shoes

Path signposted in yellow 
 Path signposted in blue 
 Tarmac road 

7

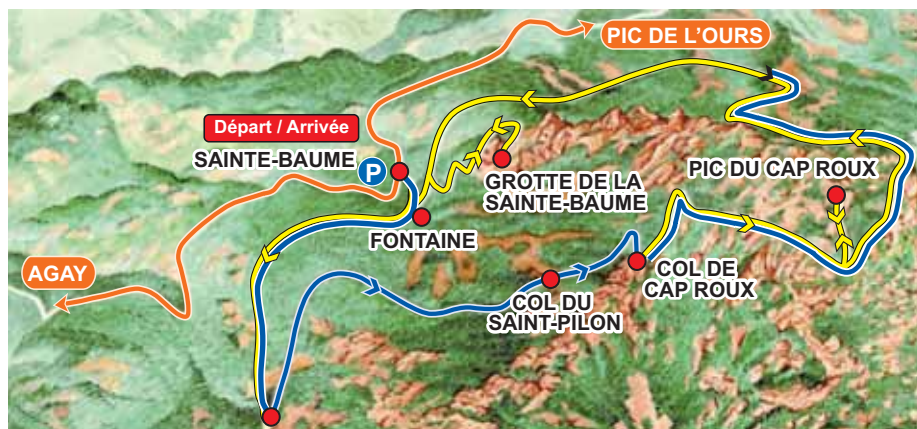
Departure point: Sainte-Baume car park.

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay, follow the direction "Massif de l'Estérel". l'Estérel". Go under the small railway bridge and past the shops (bakery, boat and car repairs) then turn right onto a small road signposted "Massif de l'Estérel". Follow signs for "Pic de l'Ours" and park in the Sainte-Baume car park.

Itinerary: Go up the steps leading to the chapel in the rocks. Follow the path until you come to the fountain (drinking water). Take the path on the right and continue for 50m then take the path on the left that leads uphill.

Follow the path for about 1.5km and at the crossroads take a sharp left and head uphill towards the red rocks of Saint Pilon col. From here you have an exceptional view of the rugged coastline. The path follows the coastline and comes to another crossroads. On the left there is a path (dead end) that takes you 100 metres to the summit of Cap Roux and the viewpoint indicator (453m altitude with views from Cannes to Cap Camarat). Come back down the same path and turn left to continue your walk. You will head slightly downhill and away from the coastal side of Cap Roux towards the massif Continue straight on, ignoring the blue cross (don't take the paths leading off to the right). You will arrive back at the fountain.

Alternative route: Just before coming back to the fountain there is a path on the left heading up the hill that leads to the Sainte-Baume Grotto where the Saint-Honorat hermit used to live (round-trip 45 mins).



8

GRAND TOUR OF THE PIC DE L'OURS

🕒 4h30

8,5 km

🏔️ 500

Difficulty: Difficult, trail requiring a good pair of walking shoes.



Start: Le Trayas SNCF train station

Access by train: TER regional train - get off at Le Trayas

Access by car: follow the coast to Agay, then continue along the Corniche d'Or towards Le Trayas. When you get to the "Relais des Calanques" hotel, take the road leading to the SNCF train station. You can park the car in the small car park there.

Itinerary: follow the track alongside the railway towards the Pic de l'Ours. After 300m, turn onto the path heading towards the right with yellow markings. 450m further on, you will arrive at a fork in the path with a cairn (pile of stones). Turn sharp right, still following the yellow markings (don't go straight ahead to the yellow cross). The path starts to climb, and you will see the Mercantour mountain chain in the distance. At the end of the path, after 1.3 km, you will arrive at the tarmac car park at Col Notre Dame. There is a picnic table, so you can take a little break here. At the Col Notre Dame information panel, take the blue path towards "Pic de l'Ours" then, 50m later, at the intersection, turn left, following the sign marked "Pic de l'Ours direct". The path is steep and follows a well-marked path through the pine trees.

Your efforts will be rewarded when you arrive at the summit and see a wide panorama with a view extending from the Lérins islands to the Saint-Raphaël Fréjus bay. Continue along the road towards the aerial, then take the marked path going around the aerial to the right. It will lead you to the descent and to the foot of the huge Dent de l'Ours (Bear's Tooth) rock. You will see the yellow markings again if you turn left and follow the path around the hillside. Make the most of the shade in parts of the path, while enjoying the breathtaking view over the interior of the mountain range. After 3 km, you will come to a road, at the Col des Lentisques intersection. Cross the road and take the path leading downwards, still following the yellow markings. The path leads towards the sea and back to your starting point.

L'ÉTANG D'AUBERT LAKE

🕒 1h30
 3,8 km
 🏔️ 140 m

Difficulty: Easy



Departure point: Col de Belle Barbe car park

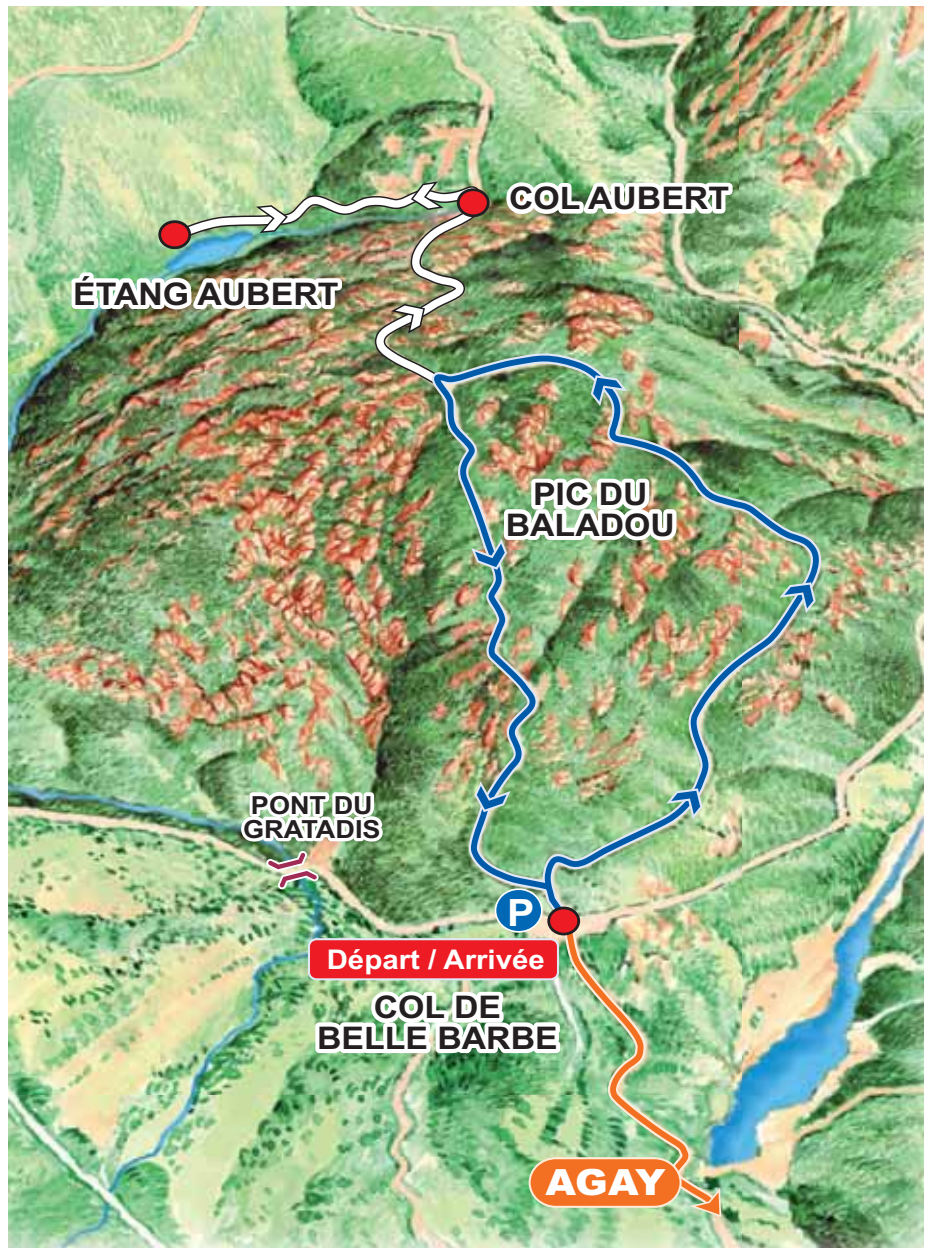
In the heart of the Esterel

How to get there by car: Take the coastal road towards Agay and when you arrive at the roundabout in Agay take the exit marked "Massif de l'Estérel". Go under the small railway bridge and past the shops (bakery, boat and car repairs...) then turn right onto a small road signposted "Massif de l'Estérel". Follow signs for "Col de Belle Barbe".

Itinerary: From the Col de Belle Barbe take the path signposted in blue. After 50m turn right (leaving the path to get back on your left). At first the path overlooks the Malinfernet stream then continues through a pine forest before arriving at a crossroads. The path to go back is on the left but for the moment keep going straight on. Follow the path to discover the magnificent view of the rugged rocks of the Perthus.

You arrive next at the Col d'Aubert where several paths come together. Take the path on the left which leads downhill. After 500m you will arrive at the «Étang d'Aubert», a small area of water ideal for a picnic stop. This area is filled by the rain water which flows down from the Baladou. In summer the water lilies are in flower. Retrace your steps and go back to the Col d'Aubert. From there, turn right along the path you followed on the way out, all the way to the intersection. The path to the right takes you down to Col de Belle Barbe through the trees.

- Path signposted in blue
- Path not signposted
- Tarmac road



EASY ESTÉREL

 1h45
15 km

 190m

Difficulty: Easy - Family route

How to get there by car: Take the coastal road towards Agay. At the roundabout in Agay take the "Massif de l'Estérel" exit. Go under the railway bridge then park at Place du Togo on the left.

Itinerary: Go along avenue du Gratadis for 1.5km then turn right towards the Estérel Massif. After the Gratadis forestry house turn left (3.8km) towards the col de Belle Barbe. Go through the barrier and head towards the col du Mistral, then past the Roussiveau forestry house and Estérel Caravaning campsite. Finally turn left onto the cycle path which will lead you back to the start.

SAINT-BARTHÉLÉMY TRAIL

 1h30
19 km

 250m


Difficulty: Average

Itinerary: Place du Togo, Agay Access by car: when you arrive in Agay, at the roundabout, head for "Massif de l'Estérel". Park on Place du Togo, 250m further on.

Turn left onto Avenue du Gratadis, continue for 1.4 km, then head towards the right as you enter the Massif de l'Estérel. Go past the quarry and the Gratadis forest house, then follow the Route du Pic de l'Ours, crossing the Lake Grenouillet ford (2.4km). Go up to the next intersection (1 km). Turn right towards the Rocher Saint-Barthélémy (for 2.9 km), and go as far as the wooden barrier barring entry to cars. You are now on a route shared with pedestrians, so ride slowly. The route around the mountainside features breathtaking views for 3.5 km of this path overlooking the sea. You then come to the D559 road. From there, you will arrive at the Agay roundabout after 7.5 km, then turn right to go back to Place du Togo. If you don't want to ride along this road, you can turn around and go back the same way you came.

LA CORNICHE D'OR

 2h30
60 km

 700m

Difficulty: Difficult

Warning, this itinerary requires vigilance and caution.

Itinerary: From Saint-Raphaël follow the Corniche d'Or coastal road until Théoule. At La Napoule roundabout turn left (uphill) then left again at the Peygros roundabout. Go along the RN7 road towards Saint-Jean-de-Cannes until you reach the col du Testanier (Estérel summit). All that's left to do is head back to the start via Fréjus.

See the wide range of hiking, mountain-bike and cycling trails on circuits.esterel-cotedazur.com

**Guide to hiking & cycling trails in Estérel.**

Over 50 trails to enjoy in eastern Var.

Price: €2,50

On sale at the Saint-Raphaël and Agay Tourist Offices.



LE MALINFERNET

🕒 1h

11,7 km

🏔️ 250m

Difficulty: Average

This trail alternates between narrow, rocky trails and tarmacked paths.

How to get there by car from Agay: At the roundabout take the exit in the direction of Saint-Raphaël (internal road), pass under the railway bridge and pass the craft area then turn right on a small road marked "Massif de l'Estérel".

Follow signs for "Col de Belle Barbe".

Mountain bike departure point: Col de Belle-Barbe car park. Turn right in the direction of the Lac de l'Ecureuil and go along the Grenouillet river. When you arrive at the ford continue on the left along the "canyon du Malinfernnet". At the fork take the left hand trail by cycling through the ford. When you get to the lake "Lac de l'Ecureuil" (dry lake), go along the left hand trail and continue for about 2km until you get to the "Baisse de la Grosse Vache" crossroads. Take the left-hand trail for 3km until you reach the Col du Mistral. At this point take the trail on the left which leads to the Col de Belle-Barbe.

LES BALCONS D'AZUR

🕒 2h à 3h

34 km

🏔️ 580m

Difficulty: Difficult

Access by car: From Saint-Raphaël, head towards the Golf de Valescure, then park after the Le Confidentiel hotel, near the roundabout.

Mountain bike departure point: continue on straight ahead for about 1 km. Go past the first car park on the right (in a left-hand bend) and, 100 m further on, you will come to the Colle Douce car park. Take the large path towards Mont Vinaigre then at the Roche Noire crossroads turn left in the direction of the Cantine du Porfait.

Next you'll come to a tarmacked part of the trail to reach the Malpey forester's house. Take the trail on the right in the direction of the Col de l'Olivier (stone marker) then go along the main trail until you reach the Duchesse forester's house. Continue uphill (straight on) to the Baisse Violette then the Col des Suvrières. At the Col du Mistral, turn right towards the Baisse de la Grosse Vache. This tarmacked trail will lead you to the Roussivau forester's house. At the barrier take the Castelli trail on the right which will lead you right back to your departure point.



In Saint-Raphaël, there are 3 courses, including Var's oldest. Whether you are a beginner or playing with an initial handicap, you can enjoy an exquisite setting. Nestling amid the stone pines or with a view over the Mediterranean, the golf courses in Saint-Raphaël are open all the year round.

18

GOLF BLUEGREEN L'ESTÉREL A beautifully designed 18-hole international golf course amid the stone pines, providing a wonderful feeling of serenity. 745, bd Darby - 83700 Saint-Raphaël Tel. 04 94 52 68 30
bluegreen.fr

9

GOLF BLUEGREEN ACADEMIE DE L'ESTÉREL A green golf course, just a few minutes from the sea, perfect for beginners and for practising before you tackle the Blue Green de l'Estérel course.
2390, Ave. des Golfs. 83700 Saint-Raphaël. Tel. 04 94 44 64 65
bluegreen.fr

18



GOLF DE VALESCORE Created in 1895. This is the oldest golf course in Var and the 5th oldest in France. The course is laid out much like a British golf course, with several rather short-distance holes. Route des golfs - 83700 Saint-Raphaël Tel. 04 94 82 40 46
golfdevalescure.com

9

GOLF DE CAP ESTÉREL Nestled between the red rocks of Estérel and overlooking the magnificent Agay Bay, the Cap Estérel golf course is an interesting and attractive course open all through the year. You will love the striking view over the Mediterranean. Golf de Cap Estérel RN 98 83530 Agay. Tél. 04 94 95 21 90
golfcapesterel.fr



VIGNOBLE



HÔTEL

CLOS
DES
ROSES



RESTAURANT



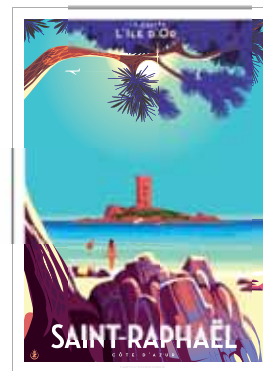
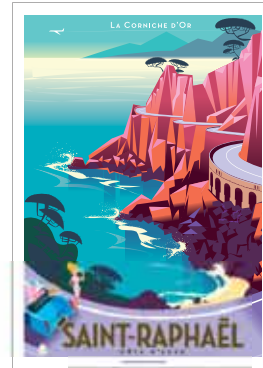
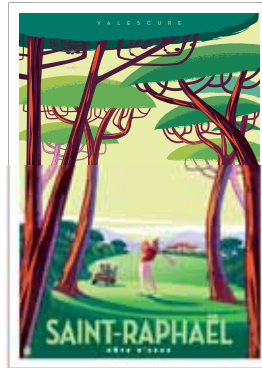
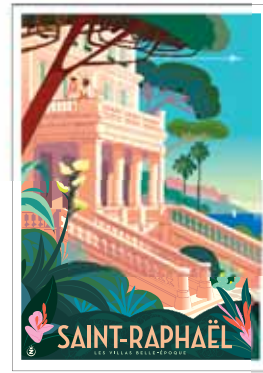
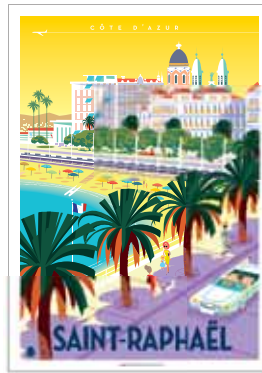
ÉVÉNEMENTS

Posters 50x70 cm
at €15

For sale at the Tourist Office of
Saint-Raphaël and the
Agay Information Office

on request by email to:
information@saint-raphael.com

These models are also available in
magnet and postcard.



LA ROUTE DU MIMOSA

IN WINTER

The 130 km Mimosa Route runs from
Bormes-Les-Mimosas to Grasse:

Saint-Raphaël is at km 59.

The trail is recommended from January to March.

It is the symbol of winter on the French Riviera.

The route winds its way between
the coast and the mountain forests,
introducing visitors to the riches of the Riviera
and the fragrance of mimosa.

routedumimosa.com



COME TO SAINT-RAPHAËL

By road

A8 motorway. Exit n° 38 Fréjus/St-Raphaël, direction St-Raphaël.
Distances: Nice : 60 km. Cannes: 41 km. Marseille: 160 km. Toulon: 93 km.
Saint-Tropez: 38 km.

By rail

- Saint-Raphaël /Valescure TGV station
- PACA Regional Express Rail Network - Tel. 0 800 11 4023

Stations: Boulouris-Le Dramont-Agay-Anthéor Cap Roux-Le Trayas
ter.sncf.com

By air

Nice Côte-d'Azur International Airport, Marseille Airport, Toulon/Hyères Airport, La Môle/Saint-Tropez Airport
Airport Connections: Bus Aéroport ligne 90 **zou.fr**

To come to the Tourist Office "Bonaparte" covered car park located at 100m PRM parking spaces - 30 minutes free.

TO MOVE

By boat

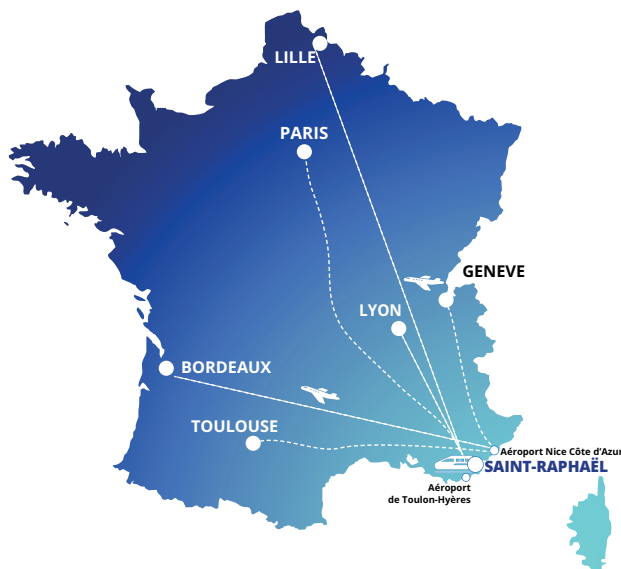
Les Bateaux de Saint-Raphaël. From April to November. Tel. 04 94 95 17 46
bateauxsaintraphael.com

By bus

Bus station: 100 rue V. Hugo. Tel. 04 94 44 52 70.
Open Monday to Friday-8am to 12pm and 1:30pm to 5pm.
Agglobus services: Connections covering the urban area. Price: €1,50
esterelcotedazur-lebus.fr
Réseau Zou : covers the main towns of the Var:
Draguignan, Saint-Tropez, Fayence. Price: €3 - **zou.fr**

Taxi :

- Central Taxis: Tel. 04 94 83 24 24
- Allo Boulouris Taxi: Tel. 06 09 52 32 24
- Agay: Tel. 06 09 77 44 49
- Estérel Taxis : Tel. 06 09 52 12 35



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Destination Estérel Côte d'Azur



WWW.ESTEREL-COTEDAZUR.COM



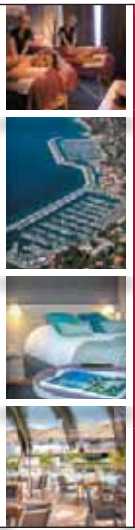
Hôtel la Marina
Saint-Raphaël - Côte d'Azur

Au pied du massif de l'Esterel, face à la grande bleue

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Port Santa Lucia - 83700 Saint-Raphaël - France
Tél. +33 (4) 94 95 31 31 • Fax. +33 (4) 94 82 21 46
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par personne
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Offre valable sous conditions. Ticket jeu Casino non échangeable, non remboursable, non cumulable. L'espace de jeux du Casino Barrière St-Raphaël est réservé aux personnes majeures non interdites de jeux. Tenue correcte exigée. L'abus d'alcool est dangereux pour la santé, à consommer avec modération. Pour votre santé manger au moins 5 fruits et légumes par jour - mangerbouger.fr

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face à la mer.*

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SAINT-RAPHAËL TOURIST OFFICE "CHARLES OMÉDÉ"

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